

PROGRAMS & SERVICES

Community organization



SOINS À DOMICILE ♦ HOME CARE



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Get in touch:



Palliative and End-of-Life Home Care Program

DESCRIPTION

Nova Home Care provides active and holistic services tailored to the diverse needs of individuals experiencing serious illness and the loved ones who care for them. Our compassionate care can help ease profound suffering, particularly at the end of life. Nova’s dedicated team works in close partnership with CLSC professionals to ensure seamless support throughout the care journey.

Our support encompasses:

- ◆ Nursing care, including clinical assessments, symptom management, as well as compassionate education and guidance for both the individual and their family.
- ◆ Psychosocial support for caregivers throughout the care journey and during bereavement, provided by our dedicated psychosocial team.
- ◆ Respite services delivered by our home health aides (PABs), offering caregivers essential relief and time to rest.

Nursing care is available seven days a week.

If you or a loved one could benefit from these services, or if you are a healthcare professional seeking support for someone in your care, please contact us by phone or email to find out more.

ELIGIBILITY

To be eligible for our services, individuals must live within our service area and be registered with a CLSC. In addition, a doctor’s active participation is required.

OUR TEAM

Our team consists of specialized nurses who provide palliative and end-of-life care in the home. They work alongside dedicated home health aides (PABs), psychosocial professionals, and massage therapists, who also provide care and support.

WHO WE SERVE

Our services are available to anyone in need of palliative or end-of-life care. We also support their caregivers and loved ones.

COST

Care is provided free of charge. Nursing services are always free, and up to 12 hours of respite care from home health aides (PABs) is provided each week at no cost. If more than 12 hours of respite care is needed, any additional hours are offered on a sliding scale based on household income.



Home Support Program

DESCRIPTION

Nova Home Care supports caregivers and people experiencing frailty and chronic ill health by providing psychosocial support and respite services. Our home health aides support people who are ill and who need help with daily activities. We also help vulnerable individuals who live alone and have little or no support. Our services work alongside those offered by CLSCs to provide more complete care.

Our support encompasses:

- ◆ Psychosocial support for caregivers—individually, as a couple, in groups, or as whole families.
- ◆ Respite services for caregivers. We make every effort to ensure the same home health aide (PAB) visits each week, offering consistency and peace of mind.
- ◆ In-home services, which may include personal assistance, hygiene support, reheating or serving food, mobility and transfer assistance, cognitive and physical stimulation activities, and other types of support at home.¹

ELIGIBILITY

No medical referral is needed to access this service. However, individuals must reside within our service area to be eligible.

OUR TEAM

Our team includes home health aides (PABs) and psychosocial professionals who assess and monitor the evolving needs of both individuals receiving care and their caregivers. A nurse may also be involved when necessary.

WHO WE SERVE

This program is intended for individuals with fragile health, including those living with neurocognitive disorders, chronic illnesses, or a loss of autonomy. It is also specifically designed to offer support to caregivers.

COST

Psychosocial support is provided to all clients free of charge. Nova Home Care also offers between 3 and 6 hours² of respite or in-home assistance services each week at no cost. All respite and in-home assistance is delivered in minimum blocks of 3 hours.



¹Non-exhaustive list.
²Subject to our organization’s capacity.

Nova Home Care is a nonprofit community organization (NPO) with over 125 years of experience. **Our free services are primarily funded by donations.**

"I'm extremely grateful to Nova, especially for the compassionate and empathetic care the organization provides. If one day I am faced with illness, I would like to have the privilege of being cared for at home, just like my husband."

France Paré,
whose husband received
care from Nova Home Care

Donating to Nova means supporting more than just healthcare—by donating, you are gifting time, comfort, human dignity, and quality of life to those most in need. Each year, our clinical team provides **free in-home care to hundreds of vulnerable individuals in the community.**

**SUPPORT
OUR
NPO**



SERVICE AREA

Integrated University Health and Social Services Centres (CIUSSS):

- Ouest-de-l'Île-de-Montréal
- Centre-Sud-de-l'Île-de-Montréal
- Centre-Ouest-de-l'Île-de-Montréal
- Clinique communautaire de Pointe-Saint-Charles

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