



CARE PROGRAMS



nova
SOINS À DOMICILE ♦ HOME CARE

Contact us:
novahomecare.ca
514 866-6801



HOME PALLIATIVE CARE PROGRAM

Description:

We offer active, holistic and comprehensive healthcare services to meet the various needs of our clients and their families, who are facing severe hardships due to serious illness, particularly for those nearing the end of life.

Nova nurses work closely with CLSC nurses to provide assessments, education, symptom management and psychological support.

Our nurses ensure symptom management around the clock via our phone consultation service and in-person visits, if required, while accompanying a person who is ill and their families through the end-of-life process.

The person requesting Nova's services, a family member or a professional from the public health network may reach us by phone or email to request care.

Requirements:

- ◆ The person receiving care must live in the area served by Nova Home Care.

Provided by:

Nurses specialized in palliative care and end-of-life care at home. Our team also includes personal support workers, a social worker, a massage therapist and volunteers.

Clientele:

People nearing the end of life or who receive palliative care.

Cost:

All nursing services are free. A maximum of 12 hours of PAB's services are free every week. Beyond these hours, the cost is indexed to the household income (see the fee table).





HOME SUPPORT PROGRAM

Description :

On a regular and set basis, Nova Home Care's support worker (PAB), certified and trained to provide in-home care, will help with the client's daily actions, whether to assist if you live alone or support your caregiver. This support may relate to personal hygiene, physical well-being, mobility assistance, mental stimulation, and other in-home activities. We work hard to ensure the continuity of care for our clientele. As such, we strive always to provide services by the same PAB, week after week. Our services do not replace the services offered by the CLSC.

Requirements:

This service does not require a medical referral.

Provided by:

Personal support workers. A social worker and nurse are involved in establishing a work plan for the patient. A volunteer can also be involved if needed. Stability of the PAB providing services.

Clientele:

This service is available to people in fragile health or chronic illnesses such as Alzheimer's disease, multiple sclerosis, cancer, or those who have suffered a stroke.

Cost:

Nova Home Care offers a maximum of 6 hours of free PAB services every week.

OUR SERVICES

Personal Hygiene Services

- ◆ Bathing: bed, sponge, tub, shower
- ◆ Hair: shampooing, shaving, simple hair sets
- ◆ Nail trimming: hand and foot care (if the client has no contraindications)
- ◆ Mouth: brushing teeth or dentures
- ◆ Toileting: schedule supervision, changing soiled clothing

Mobility services

- ◆ Exercising: supervision of a prescribed program, suggestions and personalized assistance
- ◆ Help to transfer from a bed/chair/wheelchair
- ◆ Chaperone: walks, medical appointments either by bus or taxi

Support with loss of autonomy

- ◆ Participation in activities that promote the person's physical and mental health

Domestic help

- ◆ Meals: preparing simple meals, assistance with feeding, light kitchen cleaning after preparing meals
- ◆ Bed linen: daily changing, personal laundry (if time and security permit)
- ◆ Bathroom: tidying up after bathing

Mindfulness support

- ◆ Active listening
- ◆ Caregiver respite and support

Treatments and medication

Upon request, PAB who are specially trained can provide the following services:

- ◆ Application of eye drops, ointments, and creams
- ◆ Constipation: glycerin suppositories administration
- ◆ Urinary catheter: changing of the drainage bag
- ◆ Colostomy: changing bag except on new post-op cases
- ◆ Tube feeding
- ◆ Supervising and administering oral medication from a "dispill" box or "dosette" prepared by a pharmacist, nurse, or family member

Our PAB cannot provide the following care (non-exhaustive list):

- ◆ Household cleaning
- ◆ Preparation of complex meals
- ◆ Changing sterile dressings
- ◆ Preparing or administering an injection
- ◆ Giving enemas and manually disimpacting stool
- ◆ Administering oral medication not prepared in a "dispill" box or "dosette"
- ◆ Providing foot care for people with diabetes, poor circulation, swollen feet or legs, or infection (fungus or other)

FEE TABLE

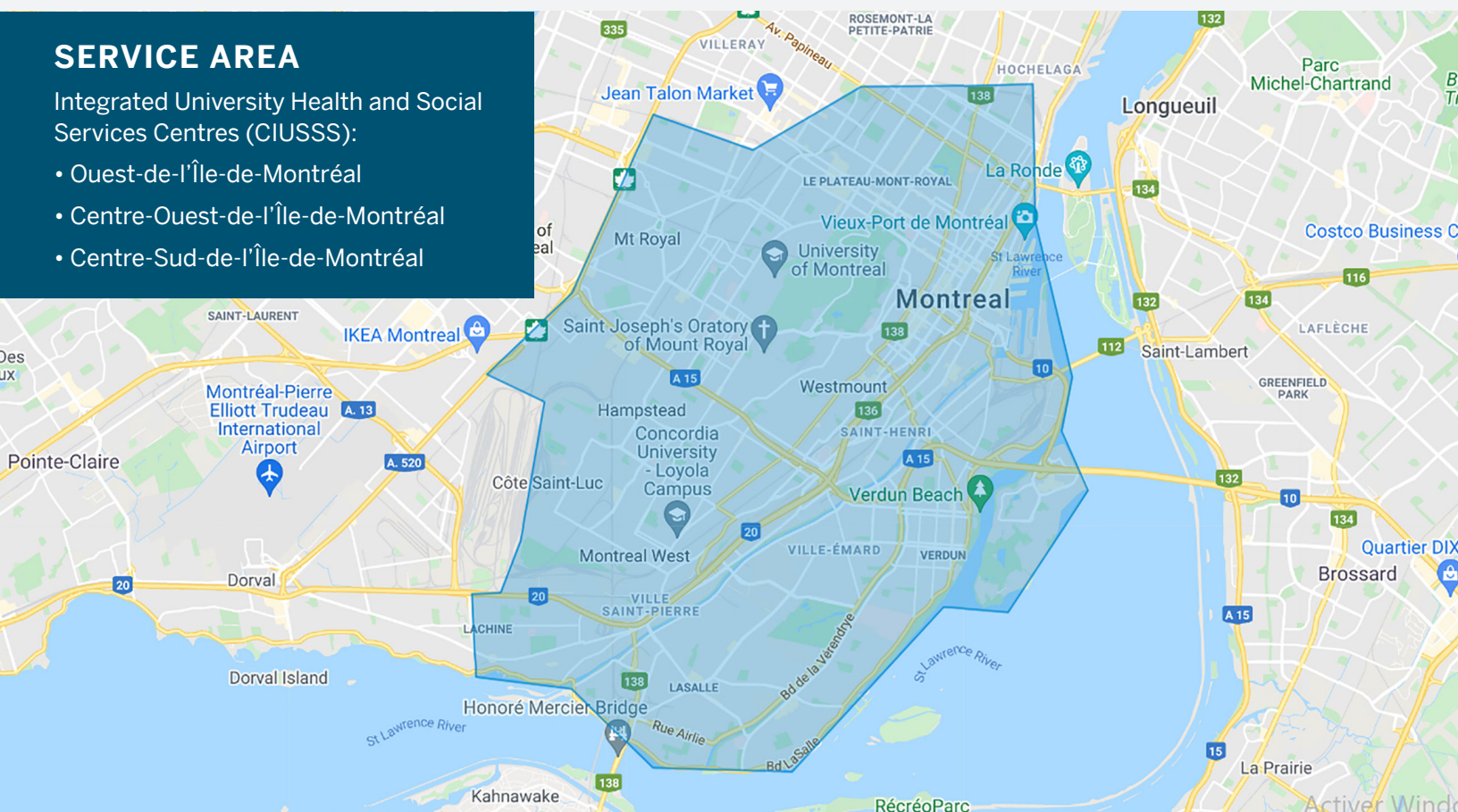
Fee table (\$/hr)	Individual income *	Family income *
\$35	\$70,000	\$95,000
\$25	\$55,000 - \$69 999	\$75 000 - \$94 999
\$18	\$45,000 - \$54,999	\$65,000 - \$74,999
\$12	\$35,000 - \$44,999	\$55,000 - \$64,999
\$6	- \$34,999	- \$54,999

* Before taxes

SERVICE AREA

Integrated University Health and Social Services Centres (CIUSSS):

- Ouest-de-l'Île-de-Montréal
- Centre-Ouest-de-l'Île-de-Montréal
- Centre-Sud-de-l'Île-de-Montréal



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The masculine or feminine form in this document refers to both women and men. It is used for the sole purpose of lightening the text.

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